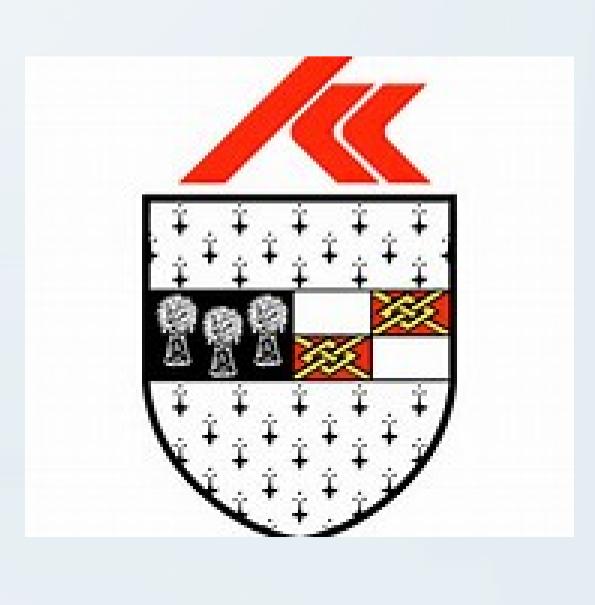
# Kilkenny Library Service Autism-friendly Programme



#### www.kilkennylibrary.ie







#### Introduction

Kilkenny County Council Library service is committed to ensuring that our services are inclusive, accessible and equitable.

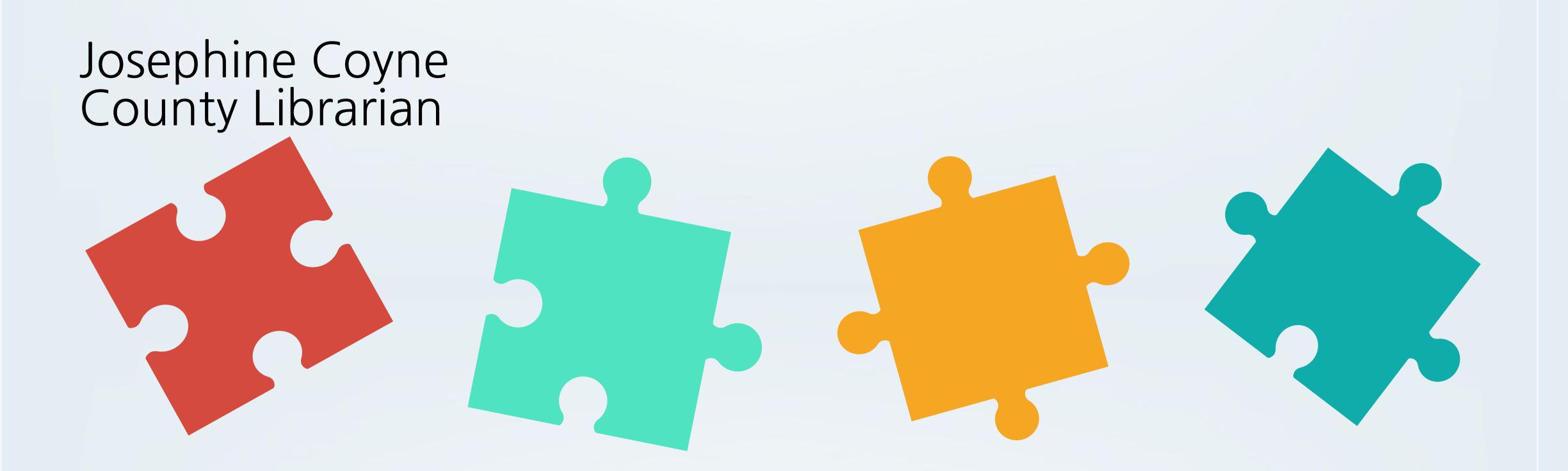
This programme's focus is to improve the library experience for those with autism by improving our spaces and services as well as developing new relationships with local agencies and groups.

The programme includes a series of talks and workshops for parents and teachers, autism friendly story times for children as well as autism friendly events such as Lego and yoga workshops.

In addition to these, we are offering a series of music therapy workshops to 4 ASD units in primary schools across the county and are developing social stories for all library branches to increase accessibility.

Part of this initiative will involve staff training, service review and evaluation with a view to obtaining Autism Accreditation from AsIAm, Ireland's National Autism Charity and advocacy organisation.

We would like to acknowledge the support of Kilkenny County Council and the Dormant Accounts Fund (as part of the Department of Rural and Community Development initiative "Library Supports for Marginalised, Socially Excluded and Disadvantaged Communities") who grant aided this initiative.



Developing social and emotional skills in children (5-8 years)

Venue:

Ferrybank Library

Date:

Wednesday 13th November

Time:

5.30pm - 6.30pm

How to support your child (6-11 years) with Autism in Community spaces

Venue:

Urlingford Library

Date:

Tuesday 19th November

Time:

6.30pm - 7.30pm

Adolescence with your teenager (12-16 years) on the Autism Spectrum

Venue: City Library

Date:

Tuesday 26th November

Time:

6.30pm - 7.30pm

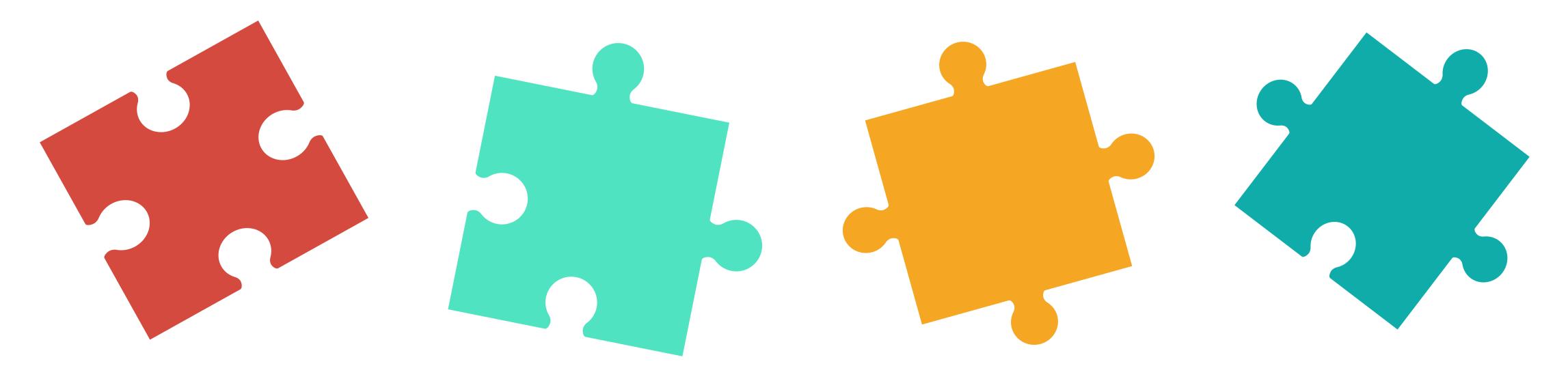
Lorraine Madden is a Chartered Child and Adolescent Educational Psychologist with the Psychological Society of Ireland (PSI).

She recently set up her own clinical practice, The EPT Clinic, Kilkenny in January 2019.

This is a multidisciplinary clinic where psychologists,

psychotherapists, speech & language, occupational and play therapists and work together to support families and children.

#### Booking is advised.



Play and autism - developing communication skills through playful interactions

This talk will explain what play is and explore different stages and types of play. Tracy will also look at how play might look different for children with Autism, and make suggestions for supporting children to develop engagement, interaction, social language and problem solving skills through play.

Venue:

Ferrybank Library

Date:

Wednesday 6th November

Time:

5.30pm - 6.30pm

Venue:

Graiguenamanagh Library

Date:

Tuesday 12th November

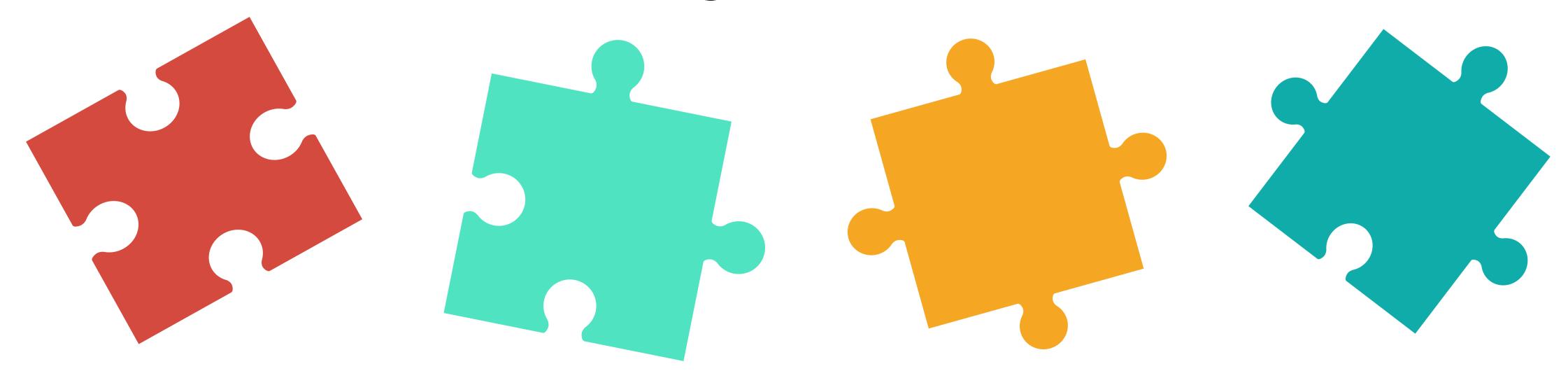
Time:

6.30pm - 7.30pm

Tracy Power Coburn is a CORU registered Senior Speech & Language Therapist with 11 years experience working with children with a wide range of speech, language and communication needs.

Tracy works with ACEPS (Anne Carroll Educational Psychology Service, Kilkenny) to provide diagnostic Autism assessments and is the founder of Power Speech and Language Therapy, a speech and language therapy service covering Carlow and Kilkenny areas.

#### Booking is advised.



An Introduction to Stress Management for Parents of Children with Special Needs

Noreen will discuss what is stress and anxiety, CBT and ways to enhance self-care despite the demands and challenges of life.

Venue:

Graiguenamangh Library

Date:

Tuesday, 22nd October

Time:

5.30pm - 6.30pm

Venue: Loughboy Library

Date:

Friday, 25th October

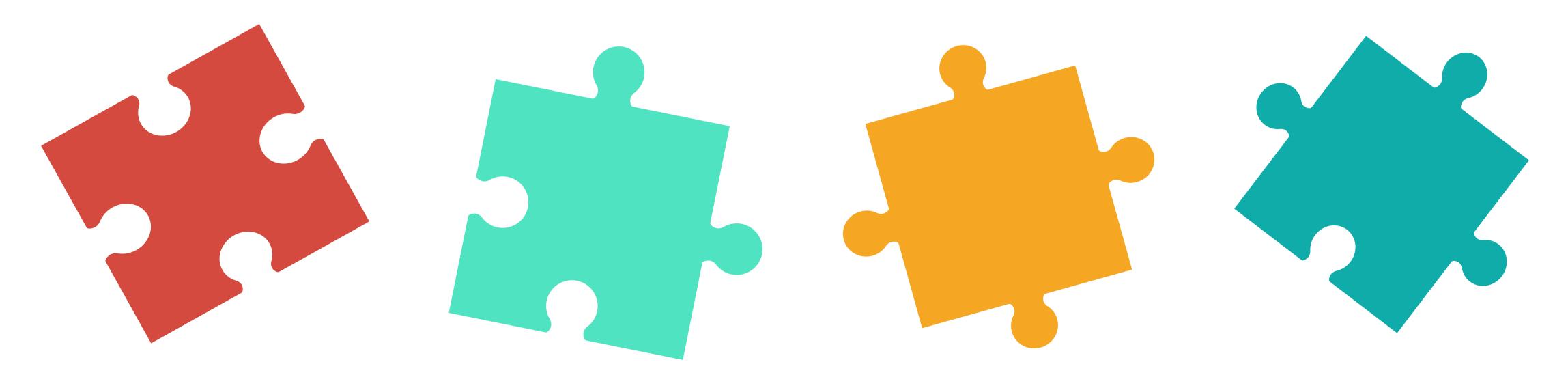
Time:

7.00pm - 7.45pm

Noreen is a member of the Irish Association of Counselling Psychotherapy (IACP) and holds a BSc. (Hons) degree in Counselling and Psychotherapy as well as being certified in Cognitive Behavioural Therapy and has trained in Mindfulness Based Stress Reduction.

Noreen has a particular interest in anxiety disorders and her experience of raising a child with Autism has both challenged and strengthened her. She work with families and individuals who have experienced similar challenges, such as individuals with ASD or acquired brain injury.

#### Booking is advised.



### Autism, Learning Style and the Impact of Visual Teaching Methods

The use of visual strategies can have a notable impact on how a child with autism experiences home life, helping clarify expectations and make abstract concepts more concrete.

Visual strategies support children as they develop effective communication, appropriate social interaction, and positive behaviour skills.

Venue: City Library

Date:

Tuesday, 12th November

Time:

4.00pm - 5.00pm

Frances O'Neill is an Autism Trainer/Advisor in Middletown Centre for Autism. The centre was established in 2007 through Departments of Education in Northern Ireland & Ireland to support the promotion of excellence in the education of children and young people with Autistic Spectrum Disorders.

Frances has worked in Special, Post Primary and Further Education settings all over Ireland. She holds Post Graduate Certificates and Diplomas in Education and an MSc. in Autism.



#### Sensory Storytime and Play with Sharon Curran

Join Sharon Curran (MSEN, Ba Mont ED, Dip Hort) Library for an interactive, sensory story time. This event is tailored specifically to meet the needs of children with ASD aged 5-10 years. Booking essential.

#### Tuesday 29th October:

- 10.30am Urlingford Library
- 2.00pm Loughboy Library
- 4.00pm City Library



- 11.00am Ferrybank Library
- 2.00pm Graiguenamanagh Library





## ASD Lego Workshops with Brickx Club Kilkenny

Join Alison in the Library for a multisensory lego workshop, where children will work together, developing social communication skills

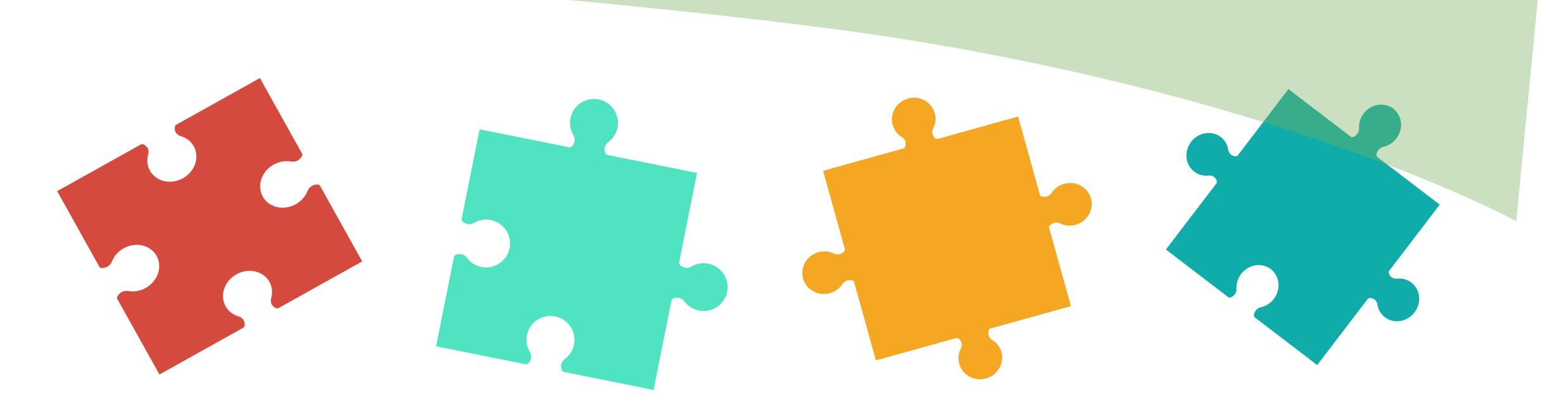
This event is suited to children with ASD aged 6-10 years. Booking essential.

Thursday 31st October: 3.00pm Loughboy Library

Friday 1st November: 11.30am Ferrybank Library

3.00pm Graiguenamanagh Library

Saturday 9th November: 11.00am City Library



### Sensory Yoga with Yo-Yo Yoga

Yoga as a therapeutic process can help children gain additional coping skills for day to day life management. Using techniques designed to self calm and regulate, children can learn to reduce the anxiety and feel more at ease. Booking is essential.

Saturday at 11.00am:

2nd November: Graiguenamanagh Library

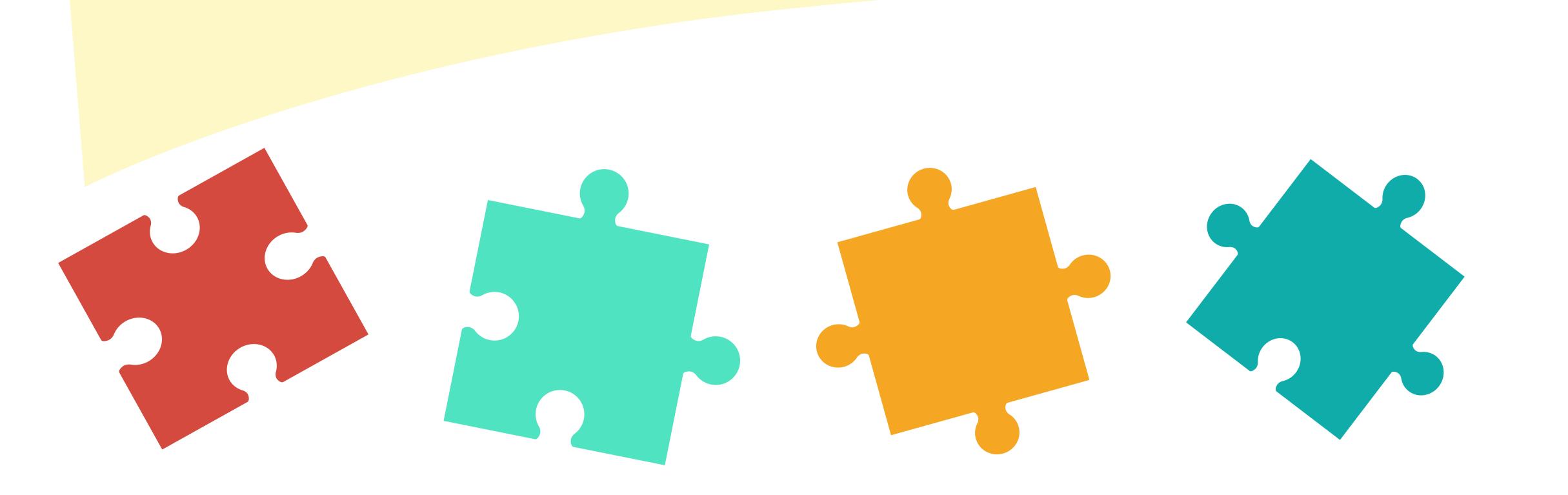
9th November: Castlecomer Library

16th November: City Library

23rd November: Urlingford Library

30th November: Ferrybank Library





### Autism Awareness Storytime with Valerie Sheehan

Join ASD tutor and author, Valerie for a class storytime, and learn all about Tony the Turtle and how he overcomes the challenges he faces.

Class bookings only as workshops are limited.

Thursday 21st November:

10.30am Urlingford Library

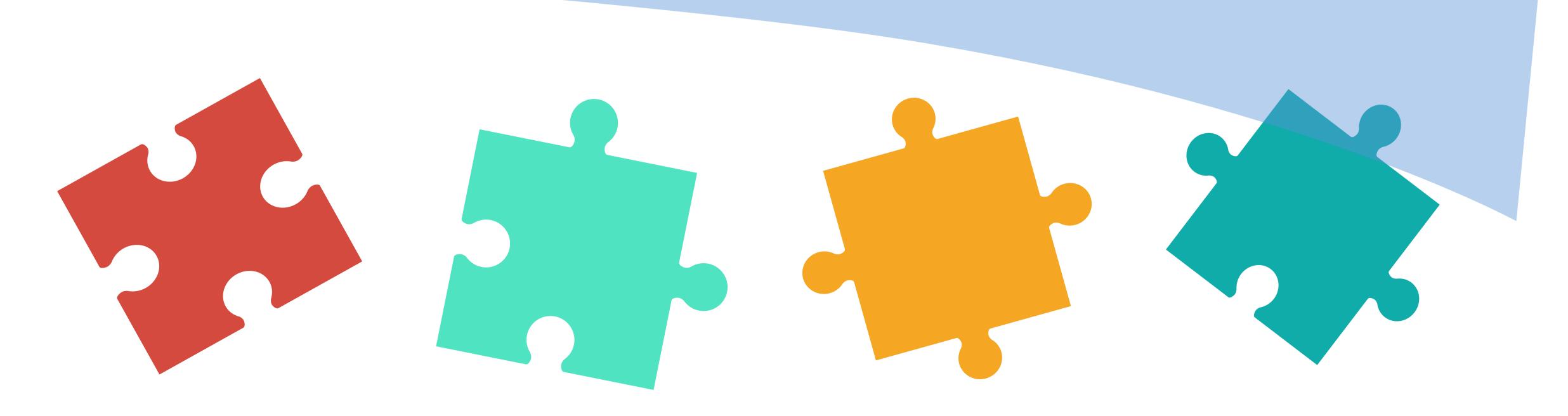
12.30pm Castlecomer Library

Friday 22nd November:

10.30am City Library

12.00pm Loughboy Library





#### Other Events

#### "This is Nicolas - Living with Autism" Nicholas Ryan-Purcell

Nicholas Ryan-Purcell is an autistic filmmaker from Co. Tipperary.

A graduate of Ballyfermot College Dublin, his award-winning film is a documentary about his experiences of growing up in Tipperary with autism and depression. Nicholas will speak about these experiences at this event. (running time 52mins, PG rating)

Venue:

Loughboy Library

Date:

Friday 15th November

Time:

6.30pm (52 mins, PG)

### Autism Experience Exhibition In assoc. with AsIAm

Come visit our Autism Experience Exhibition where you will 'Step into the Shoes' of a person on the autism spectrum. Your journey through a range of exhibits will cover all of the senses, and you will discover some of the challenges in communication, social interaction, and sensory processing, all of which the autism community faces on a daily basis.

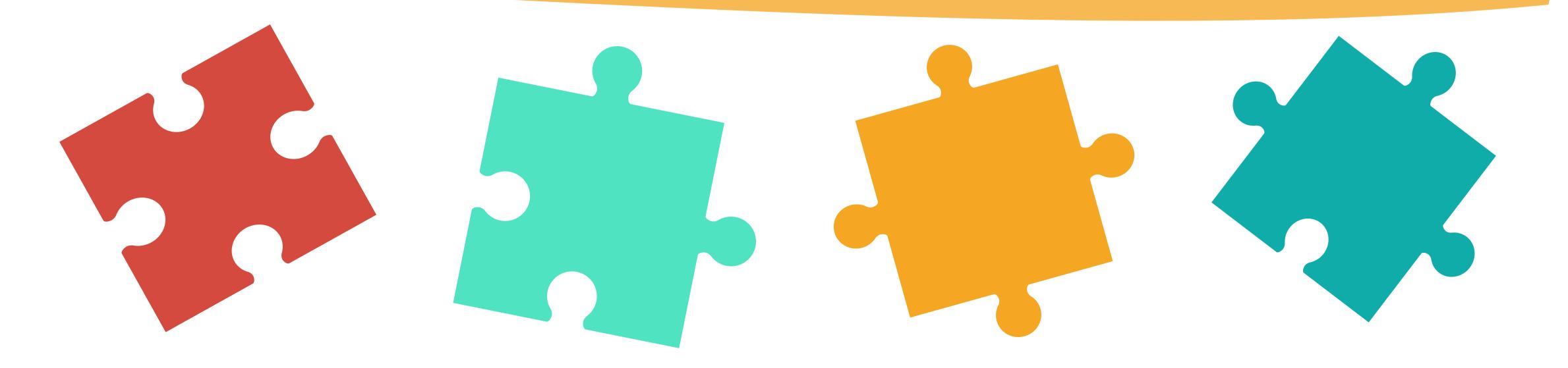
Book with Ferrybank Library on 051 897200. Groups/classes welcome.

Venue:

Ferrybank Library

Date:

Friday 15th & Saturday 16th November





#### How to book:

To secure your place, your place at the event(s) of your choice, please book in advance at the relevant library.

If special supports are required for those attending, please inform library staff at the time of booking.

For more information, contact Library HQ on 056 779 4160 or email info@kilkennylibrary.ie

Castlecomer Library - 056 4440561 castlecomer@kilkennylibrary.ie

City Library - 056 7794174 citylibrary@kilkennylibrary.ie

Ferrybank Library - 051 897200 ferrybank@kilkennylibrary.ie

Graiguenamanagh Library - 056 7794178 graig@kilkennylibrary.ie

Loughboy Library - 056 7794176 loughboy@kilkennylibrary.ie

Urlingford Library - 056 7794182 urlingford@kilkennylibrary.ie

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